



Physical Therapy Referral Information

In Texas, you do not need a referral to be evaluated by a physical therapist.

If you are asymptomatic and seeking wellness and performance services including strength training, remote movement coaching, and injury prevention, you do not need a referral for physical therapy.

If you are symptomatic and seeking physical therapy services, you can be treated for physical therapy for up to 10 business days after the initial evaluation without a referral. After 10 business days, you will need a referral or signed plan of care from a physician/chiropractor/nurse practitioner.

This applies to all physical therapy in Texas regardless of using insurance or cash-based services.

If you have a primary care physician or see a chiropractor:

We can fax our physical therapy evaluation notes directly to your primary care physician or chiropractor to obtain a referral to continue treatment. For convenience, here is a [Physical Therapy Referral Form](#) your physician or chiropractor can sign and fax.

If you have seen your provider recently and they are familiar with your case:

Contact:

admin@onyxhp.com

512-270-1059





They may refer you to physical therapy without seeing you in person. In some cases, your provider may need to see you in person in order to write you a referral for physical therapy.

If you do not have a primary care physician or see a chiropractor:

You will need to make an appointment with a primary care physician, nurse practitioner, or chiropractor to obtain a referral for physical therapy.

Here are some options for primary care providers in Austin and surrounding communities:

[Code 1 Concierge - Membership Concierge & Direct Primary Care](#)

[Austin Regional Clinic](#)

[Total Men's Primary Care](#)

[360 MD - Membership Direct Primary Care](#)

[ATX Primary Care - Central Austin](#)

[Village Medical - Central Austin](#)

[One Medical - Membership Primary Care](#)

[Great Health and Wellness - Online Direct Primary Care](#)

[Lewis Family Medicine - Dripping Springs](#)

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